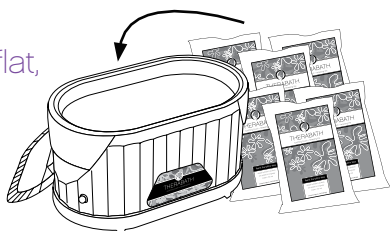


# 5 EASY STEPS

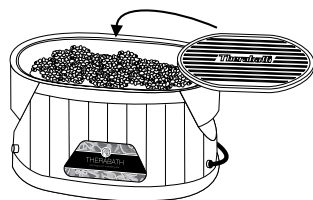
to get you up and running with your THERABATH PARAFFIN BATH!

**1. Unpack the unit;** place it on a flat, secure surface.



**2. Pour** up to 6 bags of **reFill** paraffin wax in to the tank.

**3. Place** the **plastic grille** on top of the unmelted paraffin.

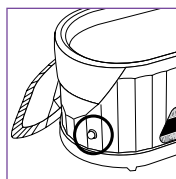


**4. Rest** the lid on top of the grille.  
(the paraffin will compact as it melts)

**5. Plug** the unit in. (the paraffin will fully melt in **8 to 10 hours**)

## NOTE:

During proper operation, **the light turns on and off regularly** (as the unit is heating), **and is mostly off**. The light is not an indication that the wax is melted.



# THERABATH®

soothing touch • renewing life

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## therabath quick tips

### hand treatments



1. Cleanse hands and mist with **Sanitizing Spray**.
2. Apply a light coat of **Intensive Hydrating Cream**.
3. Spread fingers slightly, slowly immerse hand into paraffin and remove hand from paraffin.
4. Wait 5-7 seconds, dip again and remove.
5. Repeat 3-5 times.
  - the objective is to add several layers of paraffin to make a warm paraffin "glove".
  - the more paraffin, the longer the heat relief.
6. Cover hand with plastic **mitt liner bag** and **insulated mitt**.
7. After 10 minutes, remove mitt, move hands and fingers to loosen paraffin and remove it in the liner bag.
8. Discard used paraffin.

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