

Background:

Patients love paraffin treatments that relieve aches and pains while softening dry skin.

Show your patients that their comfort and well-being is your first priority by providing free TherabathPRO paraffin treatments to all who want them. You may perform paraffin treatments while patients are waiting for their appointment, during common procedures like micro-dermabrasion, facial, manicures, pedicures, etc., or just before they leave your clinic. Patients will remember the wonderful relaxing experience and associate it with their visit to your clinic.



Step 3a

Time: Paraffin treatments take about 3 minutes and are easy to perform.

You'll Need:

- Therabath[®]PRO[®] with Paraffin
- Sanitizing Spray
- Facial tissue (optional)
- Hydrating Cream
- Plastic Liners
- Insulated Mitts



Step 3b

Important Notes:

- Read the *Operator's Manual*, including contraindications.
- Keep the unit plugged in 24 hours a day.
- Check paraffin level each night and refill if necessary.
- Store accessories (spray, lotion, liners, and mitts) near the Therabath[®]PRO.[®]
- If your office is large, two or more paraffin baths may be more efficient.



Step 5

Paraffin Treatment Protocol:

Create a station for your Therabath[®]PRO[®](s) at a convenient location, and keep the Therabath[®]PRO[®] on a sturdy surface where it is unlikely to be disturbed. Bring patients from the waiting room to the Therabath[®]PRO[®] station and perform paraffin treatment. Paraffin will take about 3 minutes to apply; leave mitts or boots on hands or feet for 5 to 10 minutes afterwards.

Or bring the TherabathPRO to the patient on a mobile cart--a mobile cart with lower level is perfect for treating feet.

Procedure:

- Keep clothing and jewelry well out of the way of paraffin when dipping.
1. Apply Sanitizing Spray to the patient's hands.
 2. Apply a light coat of Hydrating Cream and massage into skin
 - 3a. Dip the patient's hand flat, with fingers held slightly apart.
 - 3b. Immerse to the wrist for about two seconds and then remove the hand, holding it over the unit. Allow paraffin to solidify for a few seconds (until the shine disappears). The patient should not move her fingers, as this will break the seal.
 4. Repeat process three to five times. The more paraffin layers, the more heat benefit.
 5. Slip a plastic liner over the hand.
 6. Cover with an insulated mitt.
 7. Dip and cover the patient's other hand. Allow the paraffin to remain in place at (5 to 10 minutes is optimal.)
 8. To remove paraffin, slide the mitt off first. Then, starting at the wrist, gently massage the hand to loosen the paraffin. Slowly peel off the liner and paraffin together. Discard the used liner and paraffin.



Step 6